District 7170 Newsletter





Rotary Club of Johr

Rocky Martinez – District Governor 2022-2023

Rotary Club of Johnson City, USA

www.rotarydistrict7170.org | www.rotary.org

Jennifer E. Jones – Rotary International President 2022-2023 Rotary Club of Windsor-Roseland, Ontario, Canada

Vocational Service

---Happy--New--Year--2023!-----

January 2023

Governor's Message



Happy New Year to everyone and I wish the best for everyone this year. It is hard to imagine that we are half though this Rotary year. So, the good news it we have another 6 months to make a difference.

January is Rotary's Vocational Service Month, a pillar of Service Above Self, embedded in our history, present and future. It calls on Rotarians to foster high ethical standards in business, recognize the value of all occupations, and dignify our occupations as an opportunity to serve and enhance our communities. I'm challenging every Rotary member to put their vocational service in action by considering one of the following:

- Using your skills and expertise to serve a community.
 - o Consider joining a Rotary Action Group to share your expertise and make a difference in projects outside your club or district

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- Mentor young people to help achieve their career goals
 - Consider mentoring young professionals in our Rotary family such as Rotaract, Interact and Junior Rotarians These members are interested in leadership and professional development training opportunities.
- Offering leadership and professional development guidance to others.
 - Join or form a <u>Rotary Fellowship</u> related to your vocation. Rotary Fellowships are international groups whose members share a vocational or recreational interest.
- Practicing your profession with integrity and inspiring others to do so.
 - Encourage your club to organize business networking and professional development events and conduct leadership training workshops.

I just want to call your attention to a couple items:

RLI training at the Johnson City High School on March 4th, 2023

- RLI NEA | Where people come to learn Rotary!

District Grants: (Home Page | Rotary District 7170) Foundation

- Webinar Training Feb. 4th (Requirement)
- Grant Application Due Date: May 1st

President Elect Training - March 17-19, Syracuse NY

- Welcome | Rotary Empire MD PETS

You can make a difference. My Best wishes for Peace, Prosperity and Progress in the New Year. I'm happy and thankful of being part of this team, sharing great moments during 2023 adn looking forward to more during 2023

Let's continue to Rediscover Rotary Your District Governor Rocky Martinez ~*~*~*~*~*~*~*~*~*~

Worldwide News

Climate Action Notes

Reduce ... Reduce

This is the first of what will be a monthly column on climate change and what we as Rotarians can do to help mitigate the rapidly increasing negative impacts it is having across our planet.

Our world's largest and most urgent problem is global warming. Yes, there are scores of other climate related concerns but, first and foremost, we need to reduce our carbon emissions

There are four key actions anyone can take now, or over the next couple of years, to minimize their own carbon emissions.

- **Do not fly**... if you *must* fly, take direct flights as take offs and landings are the most negatively impactful part of the flight.
- **Drive an EV**... the next time you buy a car, *buy one*. Charging stations are proliferating and auto manufactures are producing more and more EVs.
- Install a heat pump... either a full house or mini splits... heat or cool year round.
- Cut your beef consumption...save \$, improve your health, and help mitigate climate change with one simple step.

Take Action

Rotarians around the world are becoming heavily engaged with numerous projects. One great way to engage is to join the *Environmental Sustainability Rotary Action Group* at ESRAG.org for only \$30. Get notification of weekly program and learn about Rotary projects across the world.

- Evan Kurtz

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District News

CNY Rotary Update(s)

Happy New Year to all Rotarians reading this update! We have many things to share as we start the second half of the Rotary year.

Last month, District leaders received official notice that the Rotary International Board approves "merges Districts 7150, 7170 and 7190 (NY, USA) into District 7180 effective July 1, 2024." This is the timeline we have used to guide our work on CNY Rotary.

The CNY Rotary steering committee has scheduled three virtual town hall meetings to help answer questions and explain the process of building a new District. Please keep an eye on your email for an invitation with registration information. Our hope is most of you will be able to attend one of the dates listed below.

- January 19, 2023, 7 pm
- January 30, 2023, 7 pm
- February 16, 2023, 7 pm

We also hope you will mark your calendar for the joint District Conference which will be held May 5-7 at 1000 Islands Harbor Hotel, Clayton, NY. This conference will allow us to learn in fellowship, while providing opportunities for sharing ideas and service.

Register now by visiting this link: https://rotary7150.org/page/conference-2023/

You can register for the entire weekend, or just Saturday and Sunday. Discounted packages are available for children and family, and all are invited to attend.

The best way to learn more about upcoming activities is to visit the <u>CNY Rotary website</u> https://cnyrotary.org/ or <u>Facebook</u> page https://cnyrotary.org/ or <u>Facebook</u>

Happy New Year once again!

- Denise, Rocky and Jerry



[During] the holidays, thoughts turn to family time, togetherness, gift exchanges and food.

We are so lucky that most reading this have a roof over their head, food on the table and clean water to drink. As Rotarians our goal is to help others have the same experiences.

Through CNY Rotary we will be able to do more and reach more communities where we can serve. That's what we do best, serve. And that will never change.

Our new district will offer more opportunities for us to experience the gifts that come from service. Rotarians have already started to serve by volunteering for our transition teams to help plan the future of our region. Do you have a talent or interest in serving our new district? Reach out to us through <u>our website</u> https://cnyrotary.org/ to let us know how you can be of service.

How we get there as a region is going to look a little different. How we operate is going to look a little different. But know that underneath, the end goal of service to our communities, our clubs and our world remains the same.

Wishing you and your family a happy, healthy, and joyful holiday season.

- Denise DiNoto, District 7190 (Capital Region NY), Colonie-Guilderland Rotary Club

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District Grants

I hope everyone's holiday season was memorable. Some clubs are well underway with their district grant projects and others have actually completed their projects.

Just a reminder that I need an interim report by January 31, 2023. You can find both the interim report and the final report on the district website under Foundation, then Grants. I can be reached at 7170districtgrants@gmail.com or 607-353-5995.

Thank you all for your continued support of Rotary.

- Catrina Ruling, District Grants Chair.

Delaware County Environmental Sustainability

[Greetings] to all members of Rotary in Delaware County. I am just forwarding some developments taking place in Delaware County in environmental sustainability and thanking you for all of your work during the past year. Our Rotary District has many significant natural assets. We are also headwaters to the Delaware River, that serves as the clean water source to New York City. This river also provides one of the best fishing areas in the country.

One of the best ways to get involved in environmental sustainability is to get involved with an established organization. Judith Schwartzstein of the Margaretville Rotary club is Vice President/Treasurer of the Water Discovery Center. This organization is striving to drive economic growth through tourism and education. The facility has ample meeting space and would be a great location for a Rotary event. The museum documents the development of the New York City water project. One major project is the development of a 33 acre conservation area with trails. A Rotary district grant by Margaretville Rotary is being used to help with signage.

Nearby are the Mark Project and the Catskill Center. The Mark Project has been supporting economic development in the region for more than 30 years. It can serve as a great model for other regions. A current project is the restoration of the Kirkside mansion. The mansion will become an inn with a focus on culinary training and farm to table development. The construction plans are aiming for "net zero" emissions. This mansion was owned by Helen Gould, granddaughter of Jay Gould, the railroad magnate that grew up in nearby Roxbury.

The Catskill Center supports environmental sustainability on many fronts. CRISP focuses on invasive species partnerships. Sarah Coney is our contact. Sarah supported our paddle event with invasive species control of our watercraft used for the event. Sarah has led a paddle event dedicated to invasive species control. She is a diver who participates in the annual cleanup of the Susquehanna River in the Cooperstown Area.

Downstream in Hancock is Friends of the Upper Delaware. This organization is almost across from the Hancock Hotel where Rotary meets. Hancock Rotary made this organization a Paul Harris Fellow for their many years of service.

SUNY Delhi is also involved in environmental sustainability. They also operate a satellite incubator for business development. Their Mechatronics program graduates talent that can serve in clean energy and other technology fields.

Each of your clubs is developing environmental sustainability strategies. Step by step, we will identify and collaborate with all of the organizations and businesses in environmental sustainability in Delaware County. We will also go forward with an eye toward economic growth and community wellbeing. Looking forward to 2023. Let me know if there is anything I can do to support your club initiatives and partnerships. Perhaps we can plan a Rotary Event in Delaware County.

Protecting Our Natural Assets - Bio-Diversity - The Climate Challenge

Thanks

- Jeff Smith

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Club News

Cortland Breakfast Rotary

On December 2, the Cortland Breakfast Rotary and the Interact Club worked the Salvation Army Dollar Drop at three locations.

The Rotarians who volunteered were: Matt Banazek, Kurt Behrenfeld, Jackie Burke, Mike Catalano, Richalle Cicioni, Church Feiszli, Maria Gimma, Conrad Janke, Valerie Kaiser, Bob Martin, Glenn Reisweber, Mike Shafer, and Cindy Stoker.





On December 16, members of the Cortland Breakfast Rotary, with the help of Loaves and Fishes, provided and distributed meals to 49 families in the Cortland area.

Rotarians who contributed were: Greg Richards, Conrad Janke, Don Ferris, Jackie Burke, Kurt Behrenfeld, Bob Martin, Mike Shafer, and Don Richards.

- Conrad Janke



Dryden Rotary

Upcoming Program

The Dryden club invites 7170 Rotarians to join us for this Zoom program on Thu 19 Jan at 7:00 p.m.

PEPY (Protect the Earth, Protect Yourself) Empowering Youth is a local (Siem Reap, Cambodia) non-profit and NGO providing personal and professional development training to rural youth. They are a team led by local Cambodians dedicated to helping individuals identify their dreams and find pathways to success. *Starting at the high school level*, their interwoven programs provide holistic support for young people to have the tools, network, and resources to succeed in school and thrive in the professional setting of their choice. They are interested in connecting with Rotary for possible projects. For more details regarding PEPY go to: https://www.pepyempoweringyouth.org/

Speakers:

Kathryn McDaniel, PEPY's Partnerships and Development Manager and Rattana Mai, PEPY's Scholarship Project Officer.

Rattana spent 2017-2018 studying at Tompkins Cortland Community College. Several Dryden Rotarians had the privilege of getting to know Rattana during this time.

The Dryden club invites any 7170 Rotarian who has an interest to join this Zoom program on Thu 19 Jan at 7:00 p.m. You can find the link on our home page under 'Upcoming Events' https://tinyurl.com/drydenRCVmeeting



You can find the link on our home page (rotaryclubofdryden.org) under 'Links' on the upper left or under 'Upcoming Events' on the right.

- Evan Kurtz

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Ithaca Noon Rotary

Bell Ringing for Salvation Army Red Kettle Campaign

Several Ithaca Noon Club members helped out the Salvation Army's Red Kettle Campaign by ringing bells December 16th and 17th at P & C Fresh in East Hill Plaza.

- Geoff Dunn







Fundraiser to upgrade bomb shelter in Ukraine

The Ithaca Rotary Club has launched a fundraising campaign to refurbish and heat an underground bomb shelter at a high school in Lviv, Ukraine. The project, estimated to cost \$31,000, will pay for electric heaters, comfortable benches, new windows, a permanent toilet and a medical office at the shelter, located at a school enrolling more than 1,000 students.

The Rotary Club has already raised \$28,500 for the renovations, including a \$25,000 disaster response grant from The Rotary Foundation. The club has also received \$2,500 in individual donations from Rotary club members and a \$1,000 gift from Cornell University.





The underground bomb shelter at Lyceum #2, a high school in Lviv, Ukraine, is currently sparsely furnished with wooden benches, desks and four portable toilets.

Ithaca Rotary members are now seeking to close the funding gap by appealing to the Ithaca community to donate money for the project. Tax-deductible donations to the project can be made through the <u>Community Foundation of Tompkins County Rotary Club of Ithaca Fund</u>. (Donors can type in the "Rotary Club of Ithaca Fund" and specify "Ukraine" in the comments.) "This effort will bring comfort and a small semblance of normalcy to the difficult days these young people in Ukraine are experiencing because of the attack on their country," said Mary Kane, president of the Ithaca Rotary Club.

The Rotary Club also plans to raise funds for the project from a benefit concert for Ukraine scheduled for 4 p.m. on Sunday, Feb. 19 at the First Unitarian Society of Ithaca. The concert, featuring musicians from the Ithaca Community Orchestra, will include a silent auction of artwork by local painters.

For the past two months, Ithaca Rotary has been working with the Rotary Club of Lviv, which identified the poor conditions of school bomb shelters as a critical need in the city in Western Ukraine. At Lyceum #2, a high school in Lviv, students have to spend up to four hours a day during air raid sirens in the underground shelter, which is sparsely furnished with wooden benches, chairs and four portable toilets. "This project will make a huge difference for these students and give them a well-heated and welcoming space to pass the time each day they have to spend in this underground shelter," said Sherrie Negrea, an Ithaca Rotary member who helped organize the project.

The \$2,500 the Rotary Club is now raising will cover the costs of a generator, additional benches and stalls for the shelter's portable toilets. The club has been assisted in this project by Words into Deeds, an Ithaca-based nonprofit that is working closely with the Rotary Club of Lviv.

For more information, please contact Sherrie Negrea at sherrie@versatilewriting.com or (607)257-9116.

- Sherrie Negrea

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Nimmonsburg Rotary

The school in Burma that so many District 7170 Rotarians helped support in the 2010-2013 time frame is still going strong, in spite of the turmoil within Myanmar (Burma). As the country continues its downward spiral politically and economically, the Zaytowan School in Nyaung Oo, Bagan Province, Burma continues classes 5 or 6 days each week.

Nimmonsburg Rotary members continue to pass the hat and send a yearly contribution to help out---and this was especially important these past 2 years when international travel to the country has been curtailed. Prior to the current conflict, many international travelers each year would stop at the school, located only a handful of miles from the famous ancient temples of Bagan.

While touring the school, they would see our large Rotary International logo and a photo of the halfton of K-6th grade textbooks sent from our District. The books were perfect in this country where English is the second language in this former British colony. Foreign tourists, many being Rotarians, would make spur of the moment donations to the school when there. But now, almost never a tour-

ist. Yet, the school continues, and people hope that tomorrow will be a better day! Despite the teachers not being paid much, the students ARE getting an education.

- Robert Aagre



Oneonta Rotary

Holiday Spirit in Abundance

From lights to bells to mittens to dance, Oneonta Rotarians were filled with holiday spirit, which in Rotarian terms means service and camaraderie.

- ✓ The club donated a tree to Destination Oneonta's Festival of Trees. Proceeds from the sale of the decorated trees benefited charitable organizations throughout the area.
- ✓ Santa's elves, masquerading as club members, built a brightly lit display of Santa's sleigh for Oneonta's Festival of Lights in Neahwa Park and on December 10th.
- ✓ Pairs of club members rang the bell for the Salvation Army at Southside Mall and raised \$1,400.
- ✓ The hat and mitten drive yielded 70 hats and 64 pairs of mittens which were donated to area elementary schools.
- ✓ The club was a Bronze Sponsor for the Fokine Ballet Company's production of the Nutcracker.

This December also saw the post-COVID return of a much-loved club holiday tradition—a performance by the Oneonta High School Concert Choir. And even though the holidays are almost over, the spirit of service and camaraderie remains. The club is looking forward to the annual Ross Cordell Wrestling Tournament in January.



New member George Ost (left) and president Carlton Cleveland ring the bell for the Salvation Army.

Oneonta Rotary wishes everyone in District 7170 good health and happiness in the coming year.

- Lynne Sessions

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Owego Rotary

Owego Rotary was able to use proceeds from table and space rentals, a 50/50, silent auction and a basket raffle at the recent Owego Rotary Craft Fair to contribute over \$2,000 to the PolioPlus campaign to help eradicate polio.

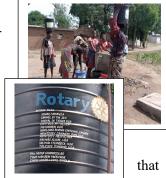
At the annual December first Friday holiday celebration in Owego known as "Lights on the River," Rotarians and Interact Club members served warm apple cider to passersby. At the same time, free will donations were collected to support Owego Rotary in the upcoming Rotary Global Grant clean water project launching soon in Tanzania.

Many thanks to the generous attendees who contributed hundreds of dollars toward the project will provide clean, safe water for more than 9,200 community members, schools, and a village

health center in Nyamuswa, Tanzania, which now has one hand-pump located two kilometers from the center of the community. The project installation will provide two solar-powered pumps, four 10,000-liter storage tanks feeding 24 water collection areas having two taps each situated to supply the entire community with clean water.

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- Carolyn Wright



- Caroryn wrigii

Trumansburg Rotary . . .

. . . gets a dose of Christmas spirit in the form of Cindy (aka Candy) Kain.

Club members are shown lining up for the dish-to-pass festive meal December 22nd. Our usual good time was had by all!

- Frank Zgola









The Last Page . . . for reference

Chat with the DG Track



Chat with the DG Track on the 5th of every —this month, Thursday, January 5th—at 7:00 PM. This is an opportunity for any Rotarian in District 7170 to ask questions and talk with members of our District leadership.

https://us02web.zoom.us/j/81125472267?pwd=SzdRY2dMWnh6U01qdjEzczBjN1hrZz09

Meeting ID: 811 2547 2267

Passcode: 291360

Getting club events on our District Calendar is easy!



If your club uses ClubRunner: While creating the event post for your club's calendar, look toward the bottom of the page and you will see a radio button labeled 'Show Event in District Calendar?'. Select 'Yes' to make your event visible on the District calendar! If your club does <u>not</u> use ClubRunner: Send an email with all the pertinent information to <u>7170Calendar@gmail.com</u>. Include title, date, times, location, costs, event description, and a point of contact. If a point of contact is not provided, the default will be the club

president. It may be several day's before this gets seen and posted, so please allow time.

And remember Social Media!

Do you have a large collection of photos to share? Send an email to **Brian Steele** (<u>bzps@icloud.com</u>) to get them posted to the <u>D7170 website</u> and the <u>D7170 Facebook page</u> along with your story! Copy <u>7170newsletter@gmail.com</u> on the message to have it cross-referenced in the newsletter.

Submission and publication schedule - Mark your calendars!

Soft Deadline – Send content to 7170newsletter@gmail.com by the 15 th of the month if possible.	Hard deadline – By noon on the 3 rd to last day of the month to allow time for final editing.	Publication!
Sunday, January 15	Sunday, January 29	Wednesday, February 1, 2023
Wednesday, February 15	Sunday, February 26	Wednesday, March 1, 2023
Wednesday, March 15	Wednesday, March 29	Saturday, April 1, 2023



Published newsletters can be found on the D7170 website on this path <u>after</u> being posted online: https://rotarydistrict7170.org/ → District 7170 ▼ → District Newsletters ▼

Are you a writer?

Do you like expressing yourself with the written word? Did you attend or participate in a club or district event, face-to-face or virtually? **TELL US ALL ABOUT IT!** Write up a report about it and send it to: 7170newsletter@gmail.com!

Here's what to include for a good story: Who is involved/invited? What is the event/activity? When did/will it happen? Where did/will the event/activity take place? Why did/will it happen? How did it happen? Other details? Other people to contact?

Remember to include **your name** and **your club** in the subject line! And attach **photos** if you got 'em!

MONTH	NEW ROTARY INTERNATIONAL THEME
July	Transition Month
August	Membership & Extension
September	Basic Education and Literacy
October	Economic and Community Development
November	The Rotary Foundation
December	Disease Prevention and Treatment
January	Vocational Service
February	Peace and Conflict Prevention/Resolution
March	Water and Sanitation
April	Maternal and Child Health
May	Youth Service
June	Rotary Fellowships

District Governor: Rocky Martinez Johnson City Rotary rockymartinez7170@yahoo.com Log into ClubRunner for more info.



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