

# District 7170 Newsletter



Rocky Martinez – District Governor 2022-2023  
Rotary Club of Johnson City, USA

Jennifer E. Jones – Rotary International President 2022-2023  
Rotary Club of Windsor-Roseland, Ontario, Canada

[www.rotarydistrict7170.org](http://www.rotarydistrict7170.org) | [www.rotary.org](http://www.rotary.org)

**Disease Prevention and Treatment**

**December 2022**

## Governor's Message



I hope everyone got a chance last month to celebrate with family and friends as we jump in with both feet for the final run of the holiday season. This time of the year is one of my favorite times and we all need to stop and enjoy every minute we have together despite all the noise around us. Remember the cliché: It is the Holiday Season.

In December, we as Rotarians take time to focus our efforts on Disease Prevention and Treatment. Good health care should be everyone's right, yet some 400 million people in the world cannot afford or don't have access to basic health care. Disease results in misery, pain, and poverty for millions of people worldwide. That's why treating and preventing disease is so important.

Rotary's top priority in fighting disease is the eradication of polio, but Rotary also supports many activities that reduce the causes and effects of other diseases through education and equipping communities to help stop the spread of life-threatening diseases like HIV/AIDS and malaria, strengthening health care systems, expanding medical services, provision of medical equipment, and improving access to health services. Take some time this month to look at your community and maybe there is something we can do to make a difference.

As your District Governor, I get this forum to share District news and here is some of that good news.

If you are like me, you might be a little behind in reading your Rotary Magazine. I would just like to call your attention to a 7170 Rotarian getting recognition. Cyndy Andela from Richfield Springs is featured in the December 2022 Rotary Magazine: <https://www.rotary.org/en/turning-wine-bottles-back-sand>. It's about a really cool environmental project that recycles glass bottles into sand. If you don't know Cyndy, and her very interesting business, you can find out more at <https://andelaproducts.com/>.

A special thanks to the Ithaca Club (Gertrude Noden, Nancy Potter, Ray Brisson, Sherrie Negrea and Mary Kane) on their successful application for a Rotary Disaster Response Grant (\$25,000). The goal of this grant is to refurbish the shelters in Lyceum #2, a high school in Lviv, Ukraine. This high school accommodates more than 1,000 children and provides an advanced study of the English language from the 1st year.

I would also like to share with everyone a video on the importance of strong leaders and development of leaders in Rotary as they are an important part of building a vibrant club. Special thanks to our Membership Committee (Matt Adler and Sue Paredez) for all their help in these efforts. Video Link: <https://youtu.be/UY-Jd556n8I>.

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On November 8, we heard from Dan Gashler of Delaware County Citizens for Refugee Support (DCCRS). This group has been raising funds to free two Russian dissidents from a detention camp in Louisiana. Boris and Maria are both medical doctors and active supporters of Alexei Navalny's opposition to Vladimir Putin's regime. They fled Russia and legally sought asylum in the US, ending up in a detention center with limited drinking water and in overcrowded and unsafe conditions.

Thanks to the DCCRS, Boris and Maria have been released on bond and are now living in Delaware County. They need help with medical attention, legal assistance, and financial support until they are able to secure work permits. DCCRS also seeks volunteers to help with food, transportation, supplies, translation, and neighborly support.

Dan approached the Delhi Rotary Club seeking our help in networking and getting the word out about Boris and Maria. There are other dissidents still in detention and the DCCRS program may expand. If you or your club has any resources to offer, please email DCCRS: [delcoers@gmail.com](mailto:delcoers@gmail.com).

- Tracey Hancock

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## Dryden Rotary

Dryden Rotary sponsors exchange student from Denmark, Lucas Majgaard.

Read more here: [https://www.dryden.k12.ny.us/Newsletters/news/lucas\\_majgaard\\_is\\_welcomed\\_to\\_the\\_den?fbclid=IwAR3j\\_1H2vTW0\\_0PgbOuL8XgljsGb1pycQooxEWgS7dK5Mydr8JoBkd1CibA](https://www.dryden.k12.ny.us/Newsletters/news/lucas_majgaard_is_welcomed_to_the_den?fbclid=IwAR3j_1H2vTW0_0PgbOuL8XgljsGb1pycQooxEWgS7dK5Mydr8JoBkd1CibA). This webpage can also be accessed by scanning the QR code.



- Cathy Wakeman

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## Nimmonsburg Rotary

The Nimmonsburg Rotary Club used the proceeds from their 50/50 drawings and Happy Dollars donations during their October Club Meetings to contribute over \$200 to the Polio Plus campaign!

- Russ Sanaeko

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## Oneonta Rotary

### Oneonta Rotary Club: An Event-Filled Month

Oneonta Rotary spent the end of October and the month of November engaging with the community, meeting the need for winter clothing for children, building leadership skills for local students and honoring our club members who are veterans.

On October 31<sup>st</sup>, Oneonta Rotary members and family marched in the annual Oneonta Halloween parade. Oneonta Rotary was one of the founding members of the



I. to r: Dave Rowley, Kathy Leahy, Cindy Struckle, Chad Smith, club president Carlton Cleveland, and Rosalie Higgins. (not pictured: Lynne Sessions)

parade and shares organizational duties on a rotating basis with other service organizations in the area.



Chad Smith helps a student try on a coat

Oneonta Rotary also completed another successful Operation Warm project by delivering over 214 new winter coats to children in need in our local elementary schools. Throughout the fall, the club raised over \$7,000 from raffle ticket sales, donations and a matching challenge from Reinhardt Heating and Oil. This month, coats were ordered, sorted by school and delivered just in time for the first snowfall. To further meet the need for warm winter clothing, the club also held a hat and mitten drive.

The club enjoyed a wonderful presentation from RYLA students, Anya Sloth, Owen Schultz and Jordan Forbes who concluded that “Anyone can be a leader.” Leading does not require you to command a nation or company. A good leader will always be able to accept when they have made a mistake and grow from it. Bank of Cooperstown, NBT and Community Bank, NA sponsored the students’ participation in RYLA.

Finally, club members honored our veterans with a personalized car parade. Members decorated their cars and drove to each veteran’s home where each veteran received a flag.

- Lynne Sessions

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## Trumansburg Rotary

Trumansburg Rotary is pleased to announce that the recipient of September’s Service Above Self Award is Eleanor Asbrand, a senior at the Trumansburg Central School District’s Charles O. Dickerson High School. Molly Flerlage, her former supervisor at Full Plate Farm Collective, commented: “Eleanor has been wonderful, always quick to complete a task, never afraid to ask a question, always taking initiative to find the next useful task, always with a smile...she provided great service to our user community.”



Rotary’s Service Above Self Award was instituted to recognize students in the Trumansburg Central School District, including those who are home schooled, who exemplify Rotary’s motto, Service Above Self, and who live Rotary’s 4-Way Test in their everyday lives: Of the things we think and do, is it the Truth; Is it Fair to All Concerned; Will it Build Goodwill and Better Friendships; and Will it be Beneficial to All Concerned?

Each monthly winner receives a \$50 gift certificate to the Trumansburg business of their choice. At the end of the school year, a student is selected from the group to receive a \$1,000 award. The 2021–2022-thousand-dollar awardee was Finley Redmond. Anyone in the community who knows a prospective nominee is encouraged to send in a nomination. Program guidelines and a nomination form are available under “Service Above Self Award” on the Trumansburg Rotary web site, [tburgrotary.org](http://tburgrotary.org).

- Peggy Haine

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# The Last Page . . . for reference

## Chat with the DG Track



Chat with the DG Track on the 5th of every —**this month, Monday, December 5<sup>th</sup>**—at 7:00 PM. This is an opportunity for any Rotarian in District 7170 to ask questions and talk with members of our District leadership.

<https://us02web.zoom.us/j/81125472267?pwd=SzdRY2dMWnh6U01qdjEzczBjN1hrZz09>  
**Meeting ID:** 811 2547 2267  
**Passcode:** 291360

## Getting club events on our District Calendar is easy!



**If your club uses ClubRunner:** While creating the event post for your club’s calendar, look toward the bottom of the page and you will see a radio button labeled ‘Show Event in District Calendar?’. Select ‘Yes’ to make your event visible on the District calendar! **If your club does not use ClubRunner:** Send an email with all the pertinent information to [7170Calendar@gmail.com](mailto:7170Calendar@gmail.com). Include title, date, times, location, costs, event description, and a point of contact. If a point of contact is not provided, the default will be the club president. It may be several days before this gets seen and posted, so please allow time.

## And remember Social Media!

Do you have a large collection of photos to share? Send an email to **Brian Steele** ([bzps@icloud.com](mailto:bzps@icloud.com)) to get them posted to the [D7170 website](#) and the [D7170 Facebook page](#) along with your story! Copy [7170newsletter@gmail.com](mailto:7170newsletter@gmail.com) on the message to have it cross-referenced in the newsletter.

## Submission and publication schedule – Mark your calendars!

Soft Deadline – Send content to <a href="mailto:7170newsletter@gmail.com">7170newsletter@gmail.com</a> by the 15 <sup>th</sup> of the month if possible.	Hard deadline – <u>By noon</u> on the 3 <sup>rd</sup> to last day of the month to allow time for final editing.	Publication!
Thursday, December 15	Thursday, December 29	Sunday, January 1, 2023
Sunday, January 15	Sunday, January 29	Wednesday, February 1, 2023
Wednesday, February 15	Sunday, February 26	Wednesday, March 1, 2023



Published newsletters can be found on the D7170 website on this path after being posted online:  
<https://rotarydistrict7170.org/> → District 7170 ▼ → District Newsletters ▼

## Are you a writer?

Do you like expressing yourself with the written word? *Did you attend or participate in a club or district event, face-to-face or virtually?* **TELL US ALL ABOUT IT!** Write up a report about it and send it to: [7170newsletter@gmail.com](mailto:7170newsletter@gmail.com)!

**Here’s what to include for a good story:** **Who** is involved/invited? **What** is the event/activity? **When** did/will it happen? **Where** did/will the event/activity take place? **Why** did/will it happen? **How** did it happen? Other details? Other people to contact?

Remember to include **your name** and **your club** in the subject line! And attach **photos** if you got ‘em! 😊

MONTH	NEW ROTARY INTERNATIONAL THEME
July	Transition Month
August	Membership & Extension
September	Basic Education and Literacy
October	Economic and Community Development
November	The Rotary Foundation
<b>December</b>	<b>Disease Prevention and Treatment</b>
January	Vocational Service
February	Peace and Conflict Prevention/Resolution
March	Water and Sanitation
April	Maternal and Child Health
May	Youth Service
June	Rotary Fellowships

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